**American University of Central Asia**

**Department: Psychology**

CHECKLIST FOR ADMITS 2025

| **General Education Courses** | | | | | | |
| --- | --- | --- | --- | --- | --- | --- |
| **Course Name** | **Course abbr.** | **Course ID** | **Credits** | **Semester** | **Prerequisites** | **Comments** |
| **Academic Orientation program:**  **August 11- August 22, 2025** |  |  | **2\*** |  |  | **Outside of 243** |
| First Year Seminar I |  |  | 4 |  |  |  |
| First Year Seminar II |  |  | 4 |  |  |  |
| Introduction to Philosophy I (part of FYS) |  |  | 2 |  |  |  |
| Introduction to Philosophy II (part of FYS) |  |  | 2 |  |  |  |
| English Composition I |  |  | 6 |  |  |  |
| English Composition II |  |  | 6 |  |  |  |
| Kyrgyz Language and Literature I |  |  | 4 |  |  |  |
| Kyrgyz Language and Literature II |  |  | 4 |  |  |  |
| Russian Language I |  |  | 2 |  |  |  |
| Russian Language II |  |  | 2 |  |  |  |
| History of Kyrgyzstan |  |  | 4 |  |  |  |
| Geography of Kyrgyzstan |  |  | 2 |  |  |  |
| Manas Studies |  |  | 2 |  |  |  |
| Natural Sciences/Second Year Seminar\*\* |  |  | 6 |  |  |  |
| Introduction to Probability and Statistics |  |  | 6 | Fall 2026 |  |  |
| Intro to SPSS and psychological statistics | PSY 374 | 5283 | 6 | Spring 2028 |  |  |
| Arts/Second Year Seminar\*\* |  |  | 12 |  |  |  |
| Humanities/Second Year Seminar\*\* |  |  | 12 |  |  |  |
| Social Sciences/Second Year Seminar\*\*\* |  |  | 12 |  |  |  |
| Sports (4 SPO) |  |  | 400 hours/0 credits |  |  |  |
| **Total GenEd credits** |  |  | 98 [2] credits |  |  |  |

**\*** Credits earned for the Academic Orientation program are not included into 243 credits for graduation.

\*\*All students in their 2nd year must take one Second Year Seminar. This seminar substitutes for one required 6-credit course in either Humanities, Social Sciences, Arts or Natural Science.

\*\*\*One 6-credit course in Major requirements could be counted towards General Education requirements.

| **Major Requirements** | | | | | | |
| --- | --- | --- | --- | --- | --- | --- |
| **Required Courses Total – 51 credits** | | | | | | |
| **Course Name** | **Course abbr.** | **Course ID** | **Credits** | **Semester** | **Prerequisites** | **Comments** |
| Introduction to Psychology | PSY 105.1 | 2999 | 6 | Fall 2025 |  |  |
| Psychological approaches to effective learning | PSY 128 | 5658 | 6 | Fall 2025 | - |  |
| History and systems in Psychology | PSY 157 | 5282 | 6 | Spring 2026 | - |  |
| Research Methods Quantitative | PSY 276 | 5103 | 6 | Fall 2026 | - |  |
| Research Methods Qualitative | PSY 366 | 5315 | 6 | Spring 2027 | - |  |
| Internship I | PSY 298 | 5104 | 3 | Fall 2027 |  |  |
| Psychological test | PSY 337.1 | 3337 | 6 | Fall 2027 | PSY 105.1 |  |
| Senior Thesis Seminar I | PSY 411.1 | 3779 | 6 | Fall 2028 | PSY 374, PSY 276, PSY 366 |  |
| Senior Thesis Seminar II | PSY 412.1 | 3780 | 6 | Fall 2029 | PSY 411.1 |  |
| **Elective Courses (minimum 12 credits to complete each cluster) 54 credits from the following list** | | | | | | |
| **Course Name** | **Course abbr.** | **Course ID** | **Credits** | **Semester** | **Prerequisites** | **Comments** |
| 1. **Neuroscience cluster Total - at least 12 credits** | | | | | | |
| Anatomy and Physiology of CNS and Complex Nervous Activity | PSY 127 | 2942 | 6 |  | PSY 105.1 |  |
| Psychogenetic | PSY 386.1 | 4936 | 3 |  | PSY 105.1 |  |
| Psychophysiology and Cognitive Psychology | PSY 310.1 | 3067 | 6 |  | PSY 105.1 |  |
| 1. **Personality and Social cluster Total - at least 12 credits** | | | | | | |
| Psychology of Personality | PSY 334.1 | 3480 | 6 |  | PSY 105.1 |  |
| Psychology of Interpersonal Relations | PSY 359 | 3696 | 6 |  |  |  |
| Social Psychology | PSY 211.1 | 3233 | 6 |  | PSY 105.1 |  |
| Developmental Psychology | PSY 238.1 | 3066 | 6 |  | PSY 105.1 |  |
| Educational Psychology and school environment | PSY 348 | 4373 | 6 |  |  |  |
| Science of love and relationships | PSY-297 | 5514 | 6 |  |  |  |
| 1. **Clinical Psychology cluster (minimum 12 credits to complete this cluster) Total - at least 12 credits** | | | | | | |
| Abnormal Psychology | PSY 39.1 | 3338 | 6 |  | PSY 105.1 |  |
| Intro to Counseling | PSY 383.1 | 3482 | 6 |  | PSY 105.1 |  |
| Special Psychology | PSY 209.1 | 4224 | 6 |  | PSY 105.1 |  |
| Psychopharmacology | PSY 300.1 | 3068 | 6 |  |  |  |
| Group Counseling | PSY 405 | 4200 | 6 |  | PSY 105.1 |  |
| Applied Behavior Analysis for Diverse Settings | PSY 369 | 4372 | 6 |  | PSY 105.1 |  |
| Applied Behavior Analysis treatment II | PSY 344.1 | 3385 | 6 |  | PSY 369 |  |
| 1. **Advanced Topics in Psychology cluster (minimum 12 credits to complete this cluster) Total - at least 12 credits** | | | | | | |
| Peace and Violence: Causes and Conditions | PSY 350 | 4740 | 6 |  |  |  |
| Political Psychology | PSY/ICP | 3212 | 6 |  |  |  |
| Psychology of Conflict | PSY/ICP/SOC 242 | 4131 | 6 |  |  |  |
| Happiness: Public and private | PSY 363 | 5281 | 6 |  |  |  |
| Market Psychology | PSY 325.1 | 4142 | 6 |  |  |  |
| Psychology of Human Sexuality | PSY 359 | 3697 | 6 |  |  |  |
| Mental health in global perspectives | PSY 345 | 5648 | 6 |  |  |  |
| Feminism and Psychology | PSY 294 | 5636 | 6 |  |  |  |
| **Elective courses OUTSIDE of major 40 credits (at least 18cr outside the major and other credits can be taken from the major)** | | | | | | |
| **Total Number of Credits** |  |  | **243** |  |  |  |
| **Practical Internship** |  |  | **12** |  |  | Outside of 243 |

**Order of study for 2025 admits**

| **Academic Orientation Program [2 credits]** | | | | |
| --- | --- | --- | --- | --- |
| **1st semester (30 credits)** | | **2nd semester (30 credits)** | | |
| Intro to Psychology | 6 | History and systems in Psychology | 6 | |
| Psychological approaches to effective learning | 6 | First Year Seminar II | 4 | |
| First Year Seminar I | 4 | English Composition II | 6 | |
| English Composition I | 6 | Introduction to Philosophy II (part of FYS) | 2 | |
| Kyrgyz Language and Literature I | 4 | Kyrgyz Language and Literature II | 4 | |
| Introduction to Philosophy I (part of FYS) | 2 | Russian Language II | 2 | |
| Russian Language I | 2 | GenEd/Elective courses | 6 | |
| Sports | 0 | Sports | 0 | |
| **3rd semester (30 credits)** | | **4th semester (30 credits)** | | |
| Research Methods Quantitative | 6 | Research Methods Qualitative | 6 | |
| Social Sciences/Second Year Seminar | 6 | History of Kyrgyzstan | 4 | |
| Intro to Probabilities and Statistics | 6 | Geography of Kyrgyzstan | 2 | |
| Manas studies | 2 | GenEd/Elective courses | 6 | |
| GenEd/Elective courses | 6 | GenEd/Elective courses | 6 | |
| GenEd/Elective courses | 4 | GenEd/Elective courses | 6 | |
| Sport | 0 | Sports | 0 | |
| **5th semester (33 credits)** | | **6th semester (30 credits)** | | |
| Psychological Test | 6 | Intro to SPSS and psychological statistics | | 6 |
| Internship I | 3 | GenEd/Elective courseы | | 24 |
| GenEd/Elective courses | 24 |  | |  |
| **7th semester (30 credits)** | | **8th semester (30 credits)** | | |
| Senior Thesis Seminar | 6 | Senior Thesis | | 6 |
| GenEd/Elective courses | 24 | GenEd/Elective courses | | 24 |

## Graduation requirements:

1. Earn at least 243 credits (+credit hours earned for program internships)
   1. Complete all General Education requirements;
   2. Complete all requirements for at least one major;
   3. Earn no more than 102 credits of introductory (100-level) courses;
   4. Complete at least 18 elective credits outside of a student’s major and General Education program;
   5. Complete the required number of internship credits (the number of credits is determined by each department);
   6. Pass all state graduation examinations;
   7. Successfully complete and defend a senior thesis/project;
   8. Receive no "F" or "N/P" grades in the final semester;

To earn an overall GPA of at least 2.0.